

## The Palliative Care Story: How to Help

Creating a world in which every single person in need could have access to the best pain and symptom relief possible – is an aspiration for us all.

However the challenge is to better balance the supply in demand for care – and this is the aim of the Palliative Care Foundation.

Palliative Care is the specialised care and practice support for people living with terminal illness and is one of Australia's fastest growing fields of specialist medicine. The aim of palliative care is to relieve pain and symptoms and to maximise quality of life for the patient, their families and their carers.

### On the demand side

Approximately 110 000 Australians die each year from a chronic or terminal illness. To maximise their quality of life, knowing about and if needed to access palliative care can go a long way to reduce the pain and symptoms that may reduce their quality of life.

### On the supply side

Quality care is about applying best practice to care. In Australia many health professionals – doctors, nurses and allied health providers (physiotherapists, pharmacists, social workers) are keen to take time from their busy careers and families to gain new skills in best practice palliative care. In Australia we also have superb postgraduate education programs available. More than half of these health professionals say that a barrier to them gaining new skills is the cost of training.

The Palliative Care Foundation seeks to address this.

## How you can help

**Yes** I would like more information on how I can help to create a world in which every single person in need could have access to the best pain and symptom relief possible.

Please send me the following information:

- Corporate Partnerships
- Regular up-dates on the Foundations activities including the **LIFE MATTERS** newsletter
- How I can include the Palliative Care Foundation in my Will
- Making a tax deductible donation

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Telephone \_\_\_\_\_ Mobile \_\_\_\_\_

If making a donation - please complete the following (please print)

My cheque is enclosed for \$ \_\_\_\_\_ **OR**

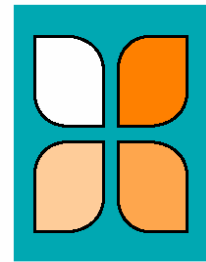
Please debit \$ \_\_\_\_\_ to my  Master Card **OR**  Visa

Card number

Expiry date     Signature: \_\_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

**All information will be treated confidentially and a tax deductible receipt will be sent promptly**



**Palliative  
Care  
Foundation**